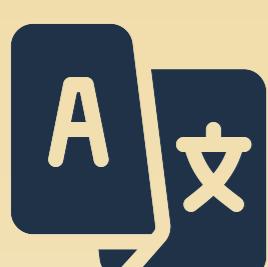


Keeping you safe in Cape Town and experiencing the best time at the IFA 17th Conference on Ageing is our top priority. To ensure a pleasurable trip, please keep in mind a few precautions that you can employ on your trip to South Africa.



South Africa has 11 official languages. Yes, 11! While English is the most widely spoken language in the province.



South Africa uses the Rand as currency. Remember to exchange your money. If you don't have any cash on you, no worries. All major credit cards are accepted at most establishments in the Western Cape.



Watch out for pedestrians. Jaywalking is common in South Africa. Be aware of pedestrians, particularly at night.



South Africans call these 'Robots'. Treat unresponsive or flashing traffic lights as four-way stops. Be careful when crossing an intersection.



Keep photocopies and all valuable documents in a safe place.



Remember, in South Africa we drive on the left-hand side of the road.



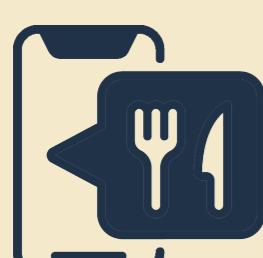
Plan your route beforehand by getting clear directions ahead of day trips. When travelling to and from Cape Town International Airport keep to the N2 even when your GPS suggests a shorter route. The N2 has clear signs directing you to the airport. Avoid Borchards Quarry Road.



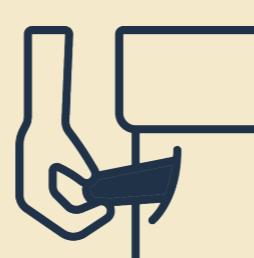
Don't allow anyone to distract you or assist you when using an ATM machine and deal only in banks or authorised agents when you exchange money.



Don't allow your bank card to be removed from your sight when paying.



When visiting a restaurant don't leave cellphones and wallets on tables or on the floor, especially while sitting outside.



Be careful of cellphone snatchers and pickpockets when walking on the streets.



Be prepared for any scenario by saving these numbers on your phone before your trip: For all emergency services from your mobile dial 112, from a landline, dial 107. To call the South African Police Service, dial 10111.