



# CONFERENCE PROGRAM 2025

**YEBO/YES! Action on Ageing:  
Evidence · Policy · Practice**

## EVENT OVERVIEW

The International Federation on Ageing, in partnership with North-West University, invites you to Cape Town for a landmark global event on ageing. Taking place during the mid-point of the UN Decade of Healthy Ageing, this four-day conference will gather 1,200+ experts, advocates, and leaders from 60+ countries to exchange ideas and drive action across [10 key themes](#).

With Africa's ageing population rapidly growing, the conference offers a vital platform to share solutions, build partnerships, and shape inclusive futures for all ages.

Register and submit your abstract at [www.ifaconf.ngo](http://www.ifaconf.ngo).

## EXPLORE OUR SPEAKERS



For detailed information on the Featured speakers, please [click here](#).



**IFA 17<sup>th</sup> Conference Dates**  
**9-12 September 2025**

\* Join us for an optional Discovery Day on September 8!



**Event location:**  
**The Cape Town International  
Convention Centre (CTICC)**



**Location:**  
**Cape Town, South Africa**

## EVENT KEY TOPICS

- ✓ Age-friendly Environments
- ✓ Building Capacity in LMICs: Policy and Good Practice
- ✓ Connecting Ageing and the Economy
- ✓ Family, Intergenerational Dynamics
- ✓ Healthy Ageing
- ✓ Human Rights
- ✓ Immunization for All Ages
- ✓ Improving Practice through Digital Technologies
- ✓ Long-term Care and Improving Function
- ✓ Brain Health and the Life Course

# DISCOVERY DAY

**MONDAY, 8 SEPTEMBER 2025**

## WESTERN CAPE AGE CARE EXPEDITION DAY

Exclusive Full & Half Day Excursions Showcasing Innovative Ageing Services in Cape Town.  
(Limited availability | Additional Fee)

## HALF-DAY COMMUNITY ENGAGEMENT TOURS

### Cape Town Society for the Blind (CTSB)

Visit the Cape Town Society for the Blind, a 90-year-old organization empowering visually impaired individuals through training, rehabilitation, and employment support. Learn how they help older persons live independently through skills development and social programs.

### Intergenerational Dialogue and Storytelling Tour (District Six)

Discover the history of District Six, once a vibrant, diverse community destroyed under Apartheid. Over 60,000 residents were forcibly removed, and their homes demolished. This visit includes an intergenerational dialogue on resilience and heritage, elder-led storytelling on forced removals, and powerful musical and spoken word performances.

## FULL-DAY COMMUNITY ENGAGEMENT TOURS

### Neighbourhood Old Age Homes (NOHA)

Explore NOAH's innovative approach to ageing through affordable communal housing and social enterprises run by older adults. Learn how their integrated model supports dignity, independence, and community for vulnerable older persons.

### Golden Oldies Senior Centre, Hout Bay

Hangberg Dreams NPC supports vulnerable seniors through home visits, outreach, and joyful community events. Meet a vibrant group of older persons who will share stories of history, resilience, and cultural heritage. The day ends with a scenic Hout Bay tour, a Seal Island Cruise (weather permitting), and a visit to the penguins at Boulders Beach.

### Val de Vie Retirement Estate, Paarl Valley

Visit Val de Vie Evergreen, South Africa's safest retirement village, known for its secure, community-focused living and stunning natural surroundings. Explore the estate's amenities, from wine cellars to walking trails. The day continues with a scenic winelands tour, featuring two wine tastings, a cellar tour, and cheese pairing.

For further information on these community engagement tours, please [click here](#).

MORE INFORMATION:



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# PRE-CONFERENCE AGENDA

## TUESDAY, 9 SEPTEMBER 2025

Enhance your conference experience by participating in one of two add-on conference events taking place the day prior to the main conference.

### Event A: Masterclasses

8:30 a.m - 9:00 a.m	Registration
9:00 a.m - 10:00 a.m	<b>Masterclasses</b> (Limited availability   Additional Fee   Details coming soon)
10:00 a.m - 10:30 a.m	Healthbreak
10:30 p.m - 11:00 a.m	Masterclass (Continued)
11:30 a.m - 12:30 p.m	Lunch
12:30 p.m. - 2:30 p.m.	Masterclass - Closing Session

For detailed information on the Masterclasses, please [click here](#).

### Event B: Age-Friendly Summit

Join global thought leaders, advocates, and changemakers at the Age-Friendly Environments Summit, where innovation meets action.

Together, we'll explore how age-friendly cities and communities are transforming policy into practice—empowering people of all ages to live with dignity, inclusion, and purpose.

**Be part of the movement. Shape the future. Say YEBO to action on ageing!**

8:30 a.m - 9:00 a.m	Registration
9:00 a.m - 10:00 a.m	<b>Thrive in Place: A Collaborative Age-Friendly Summit</b>
10:00 a.m - 10:30 a.m	Healthbreak
10:30 p.m - 11:00 a.m	Age-Friendly Summit (Continued)
11:30 a.m - 12:30 p.m	Lunch
12:30 p.m. - 2:30 p.m.	Age-Friendly Summit (Continued)
2:30 p.m - 3:00 p.m	Healthbreak
3:00 p.m - 3:30 p.m	Age-Friendly Summit - Closing Session

To explore the Age-Friendly Summit in more depth, please [click here](#).

## Conference Opening Ceremony

**ALL DELEGATES ENCOURAGED TO ATTEND!**

The IFA 17th Global Conference on Ageing opens with a dynamic series of featured events designed to inspire and connect. The Opening Ceremony will set the tone with powerful remarks from global leaders and visionaries in the field of ageing. This will be followed by the Keynote Address, delivered by a distinguished thought leader whose insights will frame the critical conversations to come. To conclude the first day, **all delegates are invited to the Opening Reception**—a welcoming evening of networking, refreshments, and cultural exchange to celebrate the start of an impactful conference experience.

4:00 p.m - 5:30 p.m	Opening Ceremony and Keynote Address
5:30 p.m - 8:00 p.m	Opening Reception

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# CONFERENCE AGENDA

## DAY 1 - WEDNESDAY, 10 SEPTEMBER 2025

7:00 a.m - 8:15 a.m	Registration
8:30 a.m - 9:15 a.m	Keynote Speech - Nana Araba Apt Memorial Lecture
9:15 a.m - 10:40 a.m	Presidential Symposium: Reframing the Ageing Agenda: Prioritizing and Empowering Older Women
10:40 a.m - 11:00 a.m	Health Break
11:00 a.m - 12:30 p.m	Concurrent Sessions (Abstract Presentations)
12:30 p.m - 1:30 p.m	Lunch / Wellness Break / Networking
1:30 p.m. - 3:00 p.m.	Feature Focused Symposiums
	Advancing Human Rights for Aging Populations: Global Perspectives and Local Actions
	Advancing Cross-disciplinary Action to Support Vision, Hearing, and Brain Health in Later Life
	Ageing in Low and Middle Income Countries
3:00 p.m - 3:15 p.m	Health Break / Move to Concurrent Sessions
3:15 p.m. - 4:15	Concurrent Sessions (Abstract Presentations)
3:15 p.m - 5:25 p.m	Special Screening of the Record-Breaking Film: Human Forever
4:15 p.m - 4:25 p.m	Health Break and Transition
4:25 p.m. - 5:25 p.m.	Concurrent Sessions (Abstract Presentations)
5:30 p.m - 7:00 p.m	*** Delegate free time 90 minutes *** / Marketplace open

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## DAY 2 - THURSDAY, 11 SEPTEMBER 2025



7:00 a.m - 8:15 a.m	Registration
8:30 a.m - 9:15 a.m	<b>Keynote Address: Immunization and the Life Course</b>
9:15 a.m - 10:40 a.m	<b>Presidential Symposium:</b> <b>Immunization Across the Life-Course: A Foundation for Healthy Ageing</b>
10:40 a.m - 11:00 a.m	Health Break
11:00 a.m - 12:30 p.m	Concurrent Sessions (Abstract Presentations)
12:30 p.m - 1:30 p.m	Lunch / Wellness Break / Networking
1:30 p.m. - 3:00 p.m.	<b>Feature Focused Symposiums</b>
	Rethinking families. Who counts and why does it matter?
	Midpoint of the Decade: Reimagine the Existing Paradigm and Innovate
	Never Too Early, Never Too Late: Promoting Optimal Brain Health Across the Life Course
3:00 p.m - 3:15 p.m	Health Break / Move to Concurrent Sessions
3:15 p.m - 4:15 p.m	Concurrent Sessions (Abstract Presentations)
4:15 p.m - 4:25 p.m	Health Break and Transition
4:25 p.m. - 5:25 p.m.	Concurrent Sessions (Abstract Presentations)
5:30 p.m - 7:00 p.m	*** Delegate free time 90 minutes *** / Marketplace open
7:00 p.m. - 10:00 p.m.	Gala Dinner * Register now for this optional event

## DAY 3 - FRIDAY, 12 SEPTEMBER 2025

7:00 a.m - 8:15 a.m	Registration
8:30 a.m - 9:15 a.m	<b>Keynote Speech - Connecting Generations: Ageing, Technology, and Economic Resilience</b>
9:15 a.m - 10:40 a.m	<b>Presidential Symposium:</b> <b>The Future of Ageing: Technology, Economics, Agency</b>
10:40 a.m - 11:00 a.m	Health Break
11:00 a.m - 12:30 p.m	Concurrent Sessions (Abstract Presentations)
12:30 p.m - 1:30 p.m	Lunch / Wellness Break / Networking
1:30 p.m. - 3:00 p.m.	<b>Feature Focused Symposiums</b>
	Food Insecurity, Nutrition, and Economics: Advancing Equity and Dignity for Older Adults Worldwide
	Uniting Sectors for Healthy Ageing: Aligning Immunization, NCDs, and Age-Friendly
	Towards Person-Centered, Integrated Long-Term Care: Models, Principles, and Practice
3:00 p.m - 3:15 p.m	Health Break / Move to Concurrent Sessions
3:15 p.m - 4:15 p.m	Concurrent Sessions (Abstract Presentations)
4:15 p.m - 4:25 p.m	Health Break and Transition
4:30 p.m. - 5:30 p.m.	Closing Ceremony

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